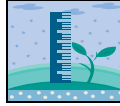


# Addiction Professionals of North Carolina



## 2008 Spring Conference Conference Schedule

### Wednesday, April 23, 2008

- 8:00 Registration
- 8:30-8:45 **Opening**
- 9:00-10:30 **Conflict, Recovery and Relationships --  
How to Romance Your Brain Back to Health**  
Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP  
Executive Director,  
NAADAC, The Association for Addiction Professionals
- 10:45-12:00 **APNC Membership Meeting**  
*All conference attendees are invited*
- 12:00-1:30 **Lunch and Keynote Speaker**  
Theodis Beck  
Secretary, NC Dept. of Correction
- 1:45-5:00 **Concurrent Sessions (with mid-session break)**
- A. **Criminal Justice Track Part 1**  
*Cognitive Behavioral Therapy and the  
12 Steps: Enemies or Allies*  
John Van Wyck, CSAC, BSEd
- B. **What's In Your World--Ignoring the  
Stereotypes**  
Roger E. Hyman, LPC  
Advanced Placement Therapy & Couns.
- C. **Adolescent Treatment Track**  
*Facilitating Partnerships in the  
Adolescent Recovery Treatment System*  
Fred Dyer, PhD, CADC  
Dyer Trains

### **Wednesday Dinner on your own**

- 8:00-9:00 **Open 12-Step Meeting**  
Speaker TBA

### Thursday, April 24, 2008

- 8:00 Registration
- 8:15-11:30 **Concurrent Sessions (with mid-session break)**
- D. **Prevention Track**  
*Leadership Essentials for Success*  
Angela Thigpen Maxwell, MA, CSAPC  
Alcohol/Drug Services
- E. **Criminal Justice Track Part 2**  
Continued from Wednesday
- F. **Adolescent Treatment Track**  
*Effective Evidence Based Treatment for  
Adolescent Substance Abusers*  
Fred Dyer, PhD, CADC  
Dyer Trains
- 11:45-1:30 **Awards Luncheon and Speaker**  
Angela Bryant Covington, MA, CSAC, CCJP  
Cumberland County Mental Health
- 1:45-5:00 **Concurrent Sessions (with mid-session break)**
- G. **Prevention Track Part 2**  
*Community Coalitions: A Collaborative Effort*  
Dawn Wilde, Coordinator  
Coalition for a Safe and Drug-Free Clay County
- H. **DWI Services Track**  
Lynn Jones, Moderator, and presenters from  
the Bowles Center for Alcohol Studies
- I. **Adolescent Treatment Track**  
*Effective Evidence Based Treatment for  
Adolescents with Co-Occurring Disorders*  
Fred Dyer, PhD, CADC  
Dyer Trains
- 5:15-6:15 **DWI Providers Meeting**  
Wrenn Rivenbark, Moderator

### **Thursday Dinner on your own**

### Friday, April 25, 2007

- 8:15-12:15 **Plenary Session (with mid-session break)**  
*Fetal Alcohol Spectrum Disorders*  
Leslie D. McCrory, LPC, LCAS, CCS Private Practice, Asheville, NC
- 12:30 **Closing and Door Prizes** Wrenn Rivenbark

# APNC 2008 Spring Conference

## Course Descriptions

### **Conflict, Recovery and Relationships--How to Romance Your Brain Back to Health**

Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP

Ever wonder how the brain works in conflict and what that has to do with recovery? This workshop is practical in explaining how the brain functions in conflict, methods and strategies to reduce conflict in the brain and words and actions that romance and build cognitive functioning of the brain.

### **APNC Membership Meeting**

Wrenn Rivenbark, President APNC, Presiding

The bi-annual meeting of APNC members will highlight committee work accomplished since the Fall meeting. All conference attendees are urged to attend and we ask non-members to consider joining APNC/NAADAC.

### **Lunch and Keynote Speaker**

Theodis Beck, Secretary, NC Dept. of Correction

### **Criminal Justice Track Parts 1 and 2**

#### **Cognitive Behavioral Therapy and the 12 Steps: Enemies or Allies** John Van Wyck, CSAC, BSEd

The primary purpose of this training is threefold. One, to ease the resistance that many traditional recovery oriented counselors have to teaching from a cognitive behavioral perspective. This can also be seen from the opposite perspective whereby non-recovering school trained counselors have fear of the 12 steps and recovery literature. The second is to introduce how the verbiage and labeling of criminal and addictive thinking is just a change in language from the original dictates of the Big Book of AA. By reducing counselor resistance and marrying new material to what they know, the concepts of change outlined in the AA Big Book can be taught with the language of Cognitive Re-Structuring. The final objective of the training is to show how tools of recovery and tools of cognitive restructuring work in cohesion not conflict.

### **What's In Your World--Ignoring the Stereotypes**

Roger E. Hyman, LPC

This session will provide a culturally competent look at counselors and counseling with a varied array of consumers from different ethnic, religions, gender, and socioeconomic backgrounds. The workshop is targeted towards aiding clinicians in identifying our own prejudices and biases, making us aware of these, and knowing how to be effective in our practices.

### **Adolescent Treatment Track**

#### **Facilitating Partnerships in the Adolescent Recovery Treatment System** Fred Dyer, PhD, CADC

Developing and facilitating partnerships with those stakeholders who service adolescents in recovery from substance dependence will be the focus of this session. Key components essential to implementing partnerships in the adolescent treatment system and to overcoming barriers in their facilitation will also be focused upon.

### **Open 12-Step Meeting**

Both 12-Step participants and those who are not members of the fellowship can experience a typical 12-Step Speaker meeting.

### **Prevention Track**

#### **Leadership Essentials for Success**

Angela Thigpen Maxwell, MA, CSAPC

Whether you are an experienced substance abuse professional or just beginning your career, this workshop will examine and address some essential concepts of leadership and its development. The workshop will help individuals discover the universal leadership qualities and principles associated with becoming genuine leaders. Participants will learn critical leadership qualities that contribute to personal and organizational success

### **Adolescent Treatment Track**

#### **Effective Evidence Based Treatment for Adolescent Substance Abusers** Fred Dyer, PhD, CADC

This skill-building workshop will enable adolescent substance abuse counselors, program managers, and juvenile justice workers to examine and utilize effective evidence-based relapse prevention strategies for adolescent substance abusers.

### **Awards Luncheon/Speaker**

APNC will honor a member with its Art of Counseling and Art of Prevention awards. Featured speaker will be Angela Bryant Covington.

### **Prevention Track**

#### **Community Coalitions: A Collaborative Effort**

Dawn Wilde

What is a community Coalition? How do they become effective in the addressing the issues of substance use? Is there a model that can be shared among the communities? This program will show you the benefits of a community Coalition and how, using the strategic prevention framework, any community can start, and sustain, a Coalition. We will also address effective ways to integrate the strengths of community partners and youth in your program.

### **DWI Services Track**

Lynn B. Jones, Moderator, and presenters from the Bowles Center for Alcohol Studies, UNC Chapel Hill

This presentation will include the latest research on the brain related to addiction and the medications that may be useful in conjunction with therapy.

### **Adolescent Treatment Track**

#### **Effective Evidence Based Treatment for Adolescents with Co-Occurring Disorders** Fred Dyer, PhD, CADC

This skill-building workshop will enable therapists, program managers, substance abuse and mental health workers to understand and work more effectively with adolescents with co-occurring disorders.

### **DWI Providers Meeting**

As part of each APNC conference, DWI Services Providers convene for the purpose of sharing opportunities and progress in the area of Best Practice implementation across the State. In addition, attendees have the chance to share concerns and ideas that will be presented to the state DWI office for consideration.

### **Plenary Session**

#### **Fetal Alcohol Spectrum Disorders**

Leslie D. McCrory, LPC, LCAS, CCS

Fetal Alcohol Syndrome although more recently defined in the US, has a long history in our country in the mental health and substance abuse field. This workshop will help participants understand the disorder, referral and evaluation process in addition to the trends, costs, impact and prevention of this preventable disorder.

At the conclusion of the presentation participants should be able to:

- describe Fetal Alcohol Spectrum Disorders
- have a clearer understanding of the cause and method of prevention of the disorder
- have knowledge of primary and secondary symptoms of FASD/FAS
- understand the impact on the child's life and caregiver's lives
- have knowledge of the resources for the disorder (FASD/FAS)

## Conference Location

**Crowne Plaza Resort**  
**One Holiday Inn Dr. Asheville, NC 28806**  
**Desk 1-828-254-3211**

Escape to the beautiful **Crowne Plaza Resort-Asheville**, surrounded by the beautiful Blue Ridge Mountains, within minutes of many attractions such as whitewater rafting, the NC Arboretum—just to name a few. The legendary Biltmore Estate, and the Blue Ridge Parkway, offer some of the best mountain biking and hiking in the region. Enjoy our recreational facilities and tee off on our 18 hole Golf course surrounded by magnificent mountain views. Challenge your friends to a tennis match on our outdoor clay courts or enjoy swimming in our outdoor heated pool.

Driving directions: I-40 WEST, EXIT 53B, I-240W. TAKE EXIT 3B, TURN RIGHT. FOLLOW SIGNS TO HOLIDAY INN. I-40 EAST, EXIT 46, I-240E. TAKE EXIT 3B AND FOLLOW SIGNS TO HOLIDAY INN. Download a map or check out other hotel features at <http://www.ichotelsgroup.com/h/d/cp/1/en/hd/AVLSS>

## Who Should Attend?

Addiction Professionals of North Carolina is a statewide organization dedicated to helping the individual, family and community understand and prevent the disease of addiction. Our educational conferences, held each year in the fall and spring, are designed for Counselors, DWI Assessors, Psychologists, Therapists, EAP consultants, Social Workers, Educators, Students, Prevention Specialists, and others interested in the field.

Please note that it is the participant's responsibility to determine eligibility to meet professional continuing education requirements.

## Registration Information

**Please register early!** Conference participation will be limited. Registration is \$140.00 for APNC/NAADAC members and \$200.00\* for non-members *if received by March 25* and \$165.00/\$225.00\* *after March 25*. You may register for single day attendance, but you will miss a lot!

*\*If you are not an APNC member, but join before the conference begins, you may register at member rates. **Please contact us to make arrangements.***

Full refund (less 20% service charge) is made for cancellations made by 5 PM April 18. NO REFUNDS will be made thereafter, but a substitute may attend. **To decrease the number of late registrants who do not cancel, payment (or employer purchase order) is due at time of registration. We regret we cannot accommodate new registrations during the conference.**

## Lodging Information

Room reservations may be made directly with the Crowne Plaza Resort at the special conference rate of \$105.00/night plus tax for a Standard \$125/night plus tax for a King Suite. **The deadline for conference rate room reservations is March 25, 2008.** The reservation number is 800-733-3211. Please mention the APNC Conference.

## Continuing Education Credits

We have applied to NC Substance Abuse Professional Practices Board (NCSAPPB) for up to 19.75 units of substance abuse specific credit for the three days. Individual credit will be awarded for each session attended.



Save the date  
APNC Fall Conference  
October 22-24, 2008  
Courtyard by Marriott  
Carolina Beach, NC

## CONFERENCE REGISTRATION

Please Print

Name \_\_\_\_\_

APNC Member  Membership Pending  Non-Member

Name preferred on badge \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_

E-Mail \_\_\_\_\_

### Full Conference Registration, April 23-25, 2007

Full Conference registration includes Wednesday lunch, the Awards luncheon, and all breaks.

Early Bird Registration Fee applies  
**only if registration is received by March 25, 2008  
and payment is received by April 18\***

\_\_\_\_ \$140.00 APNC Member \_\_\_\_ \$200.00 Non-Member

If you join APNC *before the conference begins*, you can attend at member-rate. Phone us for information. Membership applications available at [www.APNC.org](http://www.APNC.org)

### Registration Fee after March 25, 2008

\_\_\_\_ \$165.00 APNC Member \_\_\_\_ \$225.00 Non-Member



**For planning purposes, please indicate which training track you prefer to attend each day. See brochure for times and descriptions:**

April 23 choose 1

*Each Wednesday session carries 3 hrs.*

- A Criminal Justice Pt. 1  
 B What's in Your World?..  
 C Adolescent Tx. "Partnerships"

April 24 Choose 2

*Each Thursday session carries 3 hrs. cdt.  
Choice "E" is a continuation of Wednesday's "A"*

- D Prevention Track "Leadership"  
 E Criminal Justice Pt. 2  
 F Adolescent Tx. "Tx for Adol. Abusers"  
 G Prevention Track "Community..."  
 H DWI Services Track  
 I Adolescent Tx. "...Co-Occuring Disorders"

### Single Day Registration

*\*Please indicate appropriate track choice (above) for Wed. or Thurs.*

#### Wednesday\*, April 23 (includes lunch)

By March 25 \_\_\_\_ \$ 95.00 APNC Member \_\_\_\_ \$115.00 Non-Member  
After March 25 \_\_\_\_ \$ 120.00 APNC Member \_\_\_\_ \$140.00 Non-Member

#### Thursday\*, April 24 (includes lunch)

By March 25 \_\_\_\_ \$ 95.00 APNC Member \_\_\_\_ \$115.00 Non-Member  
After March 25 \_\_\_\_ \$ 120.00 APNC Member \_\_\_\_ \$140.00 Non-Member

#### Friday\*, April 25

By March 25 \_\_\_\_ \$ 45.00 APNC Member \_\_\_\_ \$70.00 Non-Member  
After March 25 \_\_\_\_ \$ APNC Member \_\_\_\_ \$95.00 Non-Member

*\*We will honor early bird rates even if additional time is needed by your employer to process a check.*

**We must, however, receive this form by March 25 to honor the early bird discount.**

Please send it promptly even if the check will be sent later.

***We regret we cannot accept credit cards.***

Payment enclosed  Payment to follow from employer

**Mail this registration form and payment to:**

**APNC Conference  
PO Box 71814  
Durham, NC 27722**

**800-723-4851 Fax 919-477-8123 [APNC@Juno.com](mailto:APNC@Juno.com) [www.APNC.org](http://www.APNC.org)**